

Calgary College of Holistic Health & Clinics Inc.



MAILING ADDRESS ONLY

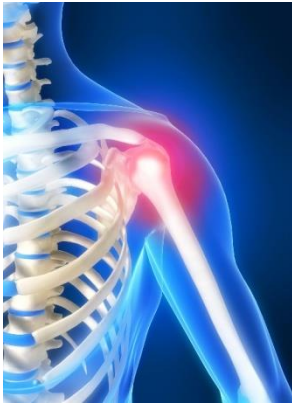
(For registration and information)
412 Silver Valley Rd. N.W
Calgary, Alberta, Canada T3B 4B9
Tel: (403) 288-4511

www.cchh.ca

TEACHING LOCATION ONLY

(No mail delivery)
University of Calgary
Kinesiology Complex
2500 University Drive N.W.
Calgary, Alberta

Continuing Education Seminars and Advanced Techniques Seminars



These seminars have been developed to further your understanding of common chronic conditions and sport injuries. You will learn how to accurately identify conditions and treat them with confidence.

I will show you the most effective techniques that have been used by soft tissue therapists and medical professionals for years. We will also discuss rehabilitation options, such as strengthening, stability, nutrition, neural facilitation, etc.

The seminar will consist of both lecture and practical instruction, including hands-on practicum on trained instructors.

Course Content

- Technique Protocols
- Physiology
- Pathology
- Chronic Conditions
- Sport Injuries
- Nutrition
- PNF Stretching
- Rehab Exercises
- Home Exercises
- Contraindications
- Rehab Protocols
- Injury Prevention

Dates:

Myofascial Trigger Point Therapy
Clinical Nutrition
Management of Chronic Pain

September 28-29, 2019 (Sat & Sun)
9:00am - 3:00pm

SEMINAR REGISTRATION FORM

Name _____ Telephone _____ E-mail _____

Address, Postal Code, City _____

Please register me for the following class: (circle)

◇ Fall Advanced Techniques Seminar

Seminar Cost: \$275 (each seminar)

Please make certified Cheque or Money Order, (do not send cash by mail) payable to:
"Calgary College of Holistic Health & Clinics Inc."

We are no longer accepting credit card payment

Signature _____ Date _____