

*Calgary College of Holistic Health & Clinics Inc.*



**MAILING ADDRESS ONLY**

*(For registration and information)*  
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**TEACHING LOCATION ONLY**

*(No mail delivery)*  
University of Calgary, Faculty of Kinesiology  
Olympic Oval and Kinesiology Complex  
2500 University Drive N.W.  
Calgary, Alberta

**Reflexology**



**REFLEXOLOGY** is the study of the arts and science of massaging reflex points on the feet, hands, or ears that correspond to each organ and system in the body. One of the theories of reflexology suggest that energy flows from vital organs and systems through channels in the body and terminate to form the reflex points on the feet, hands or ears. When stress, tension or congestion blocks this vital energy flow, disease occurs. By massaging these reflex points, energy channels open, the person is relaxed, and the circulation improves and, harmony and energy balance within the body is restored, and the body has the ability to heal itself.

**The Case of the Irritable Bowel**

Dr. Hoffman was treating a 40-year-old, hard-driving professional man, "very skeptical and rational", for **irritable bowel syndrome**. "It's a non-specific intestinal problem that can be **really debilitating**," he says. "The man felt completely out of control and powerless in dealing with it. He'd already seen a **gastroenterologist for tests**. We assessed his digestion, tried digestive aids, even manipulated his diet and found he wasn't allergic to anything. We treated him for *Candida*, which often causes bloating and gas, and that didn't work. We worked on his style of eating. We tried stress reduction and relaxation, and that didn't take.

"Almost in desperation I said, 'Go to a reflexologist, and who knows? **Maybe that'll work.**' **And somehow it did!**"

Dr Ronald Hoffman, M.D.

Medical Director of the Hoffman Centre

**Reflexology Levels I & II**  
**Times & Dates for 2017:**

**May 6-7, May 13-14, May 20-21**

**3 Weekends**

**All classes from 10am-6pm**

**Fees:**

**Levels I & II:**

Regular fee: \$1000

Early Reg. Fee: **\$875**

**Savings of \$125!**

**REFLEXOLOGY COURSE REGISTRATION FORM**

Name \_\_\_\_\_ Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Address, Postal Code, City \_\_\_\_\_

• Please register me for the following class:  **May 2017**

• Circle one of the payment options below: **Amount Enclosed:**

1. **Registration fee only: \$150** (non-refundable)

1. **Full Payment: Levels 1 & 2 - \$875**

\* We no longer accept credit card payments, sorry for any inconvenience. If the class has less than 14 registrations, the class will be cancelled and your registration fee will be refunded to you.

Signature \_\_\_\_\_ Date \_\_\_\_\_