

Calgary College of Holistic Health & Clinics Inc.



MAILING ADDRESS ONLY

(For registration and information)
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TEACHING LOCATION ONLY

(No mail delivery)
University of Calgary, Faculty of Kinesiology
Olympic Oval and Kinesiology Complex
2500 University Drive N.W.
Calgary, Alberta

Reflexology



REFLEXOLOGY is the study of the arts and science of massaging reflex points on the feet, hands, or ears that correspond to each organ and system in the body. One of the theories of reflexology suggest that energy flows from vital organs and systems through channels in the body and terminate to form the reflex points on the feet, hands or ears. When stress, tension or congestion blocks this vital energy flow, disease occurs. By massaging these reflex points, energy channels open, the person is relaxed, and the circulation improves and, harmony and energy balance within the body is restored, and the body has the ability to heal itself.

Times & dates:

a) Fall Class 2010
Level 1 - Reflexology
1 Weekend (Sat & Sun)
10:00am - 6:00pm
September 18 & 19, 2010

b) Spring Class 2011
Level 1 & 2 - Reflexology
5 Saturdays
10:00am - 6:00pm
May 21, 28, June 4, 11, 18, 2011

Fees:

Level 1:
Regular fee \$375
Introductory fee: \$275

Level 1 & 2:
Regular fee \$875
Early Reg. Fee: \$750
Savings of \$125!

The Case of the Irritable Bowel

Dr. Hoffman was treating a 40-year-old, hard-driving professional man, "very skeptical and rational", for irritable bowel syndrome. "It's a non-specific intestinal problem that can be really debilitating," he says. "The man felt completely out of control and powerless in dealing with it. He'd already seen a gastroenterologist for tests. We assessed his digestion, tried digestive aids, even manipulated his diet and found he wasn't allergic to anything. We treated him for Candida, which often causes bloating and gas, and that didn't work. We worked on his style of eating. We tried stress reduction and relaxation, and that didn't take.

"Almost in desperation I said, 'Go to a reflexologist, and who knows? Maybe that'll work.' And somehow it did!"

Dr Ronald Hoffman, M.D.

Medical Director of the Hoffman Centre

REFLEXOLOGY COURSE REGISTRATION FORM

Name Telephone E-mail

Address, Postal Code, City

- Please register me for the following class: (circle) [] Fall 2010 (Level 1) [] Spring 2011 (Level 1 & 2)
Circle one of the payment options below: Amount Enclosed:

- 1. Registration fee only: \$150 (non-refundable) 2. Full Payment: a) Level 1 - \$275 b) Level 1 & 2 - \$750

Please make certified Cheque or Money Order, (do not send cash by mail) payable to:
Calgary College of Holistic Health & Clinics Inc. Payment can also be sent by Visa or Master Card

Name on Credit Card: Credit Card #: Expiry:

Signature Date