

Calgary College of Holistic Health & Clinics Inc.



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(For registration and information)
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TEACHING LOCATION ONLY
University of Calgary, Faculty of Kinesiology
Olympic Oval and Kinesiology Complex
2500 University Drive N.W.

Reflexology



REFLEXOLOGY is the study of the arts and science of massaging reflex points on the feet, hands, or ears that correspond to each organ and system in the body. One of the theories of reflexology suggest that energy flows from vital organs and systems through channels in the body and terminate to form the reflex points on the feet, hands or ears. When stress, tension or congestion blocks this vital energy flow, disease occurs. By massaging these reflex points, energy channels open, the person is relaxed, and the circulation improves and, harmony and energy balance within the body is restored, and the body has the ability to heal itself.

Reflexology Levels I & II Times & Dates for 2020:

May 9-10, 16-17, 23-24

3 Weekends

All classes from 10am-6pm

Fees:

Levels I & II:
Regular fee: \$1000
Early Reg. Fee: **\$875**
Savings of \$125!

The Case of the Irritable Bowel

Dr. Hoffman was treating a 40-year-old, hard-driving professional man, "very skeptical and rational", **for irritable bowel syndrome**. "It's a non-specific intestinal problem that can be **really debilitating**," he says. "The man felt completely out of control and powerless in dealing with it. He'd already seen a **gastroenterologist for tests**. We assessed his digestion, tried digestive aids, even manipulated his diet and found he wasn't allergic to anything. We treated him for *Candida*, which often causes bloating and gas, and that didn't work. We worked on his style of eating. We tried stress reduction and relaxation, and that didn't take.

"Almost in desperation I said, '**Go to a reflexologist, and who knows? Maybe that'll work. And somehow it did!**'"

Dr Ronald Hoffman, M.D.

Medical Director of the Hoffman Centre

REFLEXOLOGY COURSE REGISTRATION FORM

Name _____ Telephone _____ E-mail _____

Address, Postal Code, City _____

- Please register me for the following class: **Spring 2020**
- Circle one of the payment options below: **Amount Enclosed:**

1. Registration fee only: **\$150** (non-refundable) 1. Full Payment: **Levels 1 & 2 - \$875**

Please make certified Cheque or Money Order, (do not send cash by mail) payable to:
Calgary College of Holistic Health & Clinics Inc.

Signature _____ Date _____